

# The ACE Programme

The Modules are:

- Module 1** **Introducing Support Work**, includes unit standard:  
23451 Demonstrate knowledge of the role of a support worker in a health or disability setting  
23390 Observe, report & document changes in a person's condition in a health or disability setting  
20824 Apply knowledge of a consumer's rights and responsibilities in a health or disability setting
- Module 2** **The Ageing Process**, includes unit standard:  
23387 Demonstrate knowledge of the ageing process and its effect on individual support needs
- Module 3** **Providing Personal Care**, includes unit standard:  
23386 Support a person to meet their personal care needs in a health or disability setting
- Module 4** **Effective Communication**, includes unit standard:  
11097 Listen to gain information in an interactive situation  
23391 Respond to loss & grief in a health, disability or community setting
- Module 5** **Transfer People Safely**, includes unit standard:  
5012 Demonstrate musculo-skeletal care and handle people safely in a health or disability setting
- Module 6** **A Safe & Secure Environment**, includes unit standard:  
20830 Maintain a safe and secure environment in a health or disability setting
- Module 7** **Infection Control**, includes unit standard:  
20826 Demonstrate knowledge of infection control requirements in a health or disability setting
- Module 8** **Nutrition and Food Safety**
- Module 9** **Contenance Promotion & Management**

The last two topics are not unit standard based (therefore are not in other providers programmes) but we consider that they are very important for a support worker and have included them in our programme.